



2025 Suggested Packing List

Clothing*

- 1-2 plain white tops (for first and last days) - you'll be provided 1 white shirt and 2 in your party color for the rest of the week. You can also order additional shirts.
- 1 patriotic or red, white, & blue top/outfit for Veterans' BBQ (if you're not ordering the tie-dye Girls State shirt)
- 4-5 bottoms, any style and color (see note below)
- Graduation outfit - nice, neat dress or outfit - think picture day or awards ceremony
- Sweater or hoodie (dorms and meeting areas can get cold!)
- Comfortable walking shoes - no flip flops or open toed shoes
- Undergarments as needed
- OPTIONAL: workout attire if you would like to go running or attend PT with the NJ National Guard (not required to be dress code compliant)

*Yoga pants, leggings, or spandex shorts may only be worn beneath a top, skirt or dress of appropriate length. Strapless or revealing tops, jeans, short shorts or shirts with printed messages will NOT be permitted. Appropriate length ("fingertip length") for all shorts, skirts and dresses will be strictly enforced. You may be asked to change if an outfit is not compliant.

Dorm Life

- Sleepwear, toiletries and other personal items
- Soap/body wash
- Shampoo and conditioner
- Toothbrush and toothpaste
- Towels or bathrobe
- Flip-flops for the showers
- Bedding (Twin XL sheets, a warm blanket or comforter) or sleeping bag
- Pillow
- Small trash bags for personal use
- Hangers

Campaign Essentials*

- Markers, crayons, colored pencils, highlighters, Sharpies, etc.
- Glue and/or tape
- Poster board
- Construction paper
- Blank labels/stickers
- Painters' tape for hanging signs

*Remember, NO pre-made campaign materials are permitted! NO latex balloons or loose glitter!

Miscellaneous

- Rain jacket/umbrella
- Insect repellent and sunscreen
- Hat, sunglasses
- Small amount of cash (small bills, \$50 or less)
- Non-perishable, prepackaged snacks for dorm room (no fridge or microwave available) - *PLEASE BE MINDFUL OF ALLERGIES!*
- Reusable water bottle OR case of water
- Pens/pencils
- Phone charger
- Necessary medication prescribed by your physician in its original container

Do NOT bring*

- Glitter
- Latex balloons
- Expensive clothing or jewelry
- Clothing that would not be permitted in school
- ANYTHING irreplaceable or valuable

****ALA Jersey Girls State is not responsible for any delegate belongings that are broken, lost, or stolen during the course of the program.***